


# Hot Breakfast Week Special

Hot breakfast will be available every day during the week of December 5th. Cold breakfast is available everyday

	30 feb Monday	31feb Tuesday	1-Feb Wednesday	2-Feb Thursday	3-Feb Friday
	<b>Healthy</b> Bacon, egg and cheese pancakes Fruit or Fruit Juice Choice of Milk	<b>Mmm Good</b> Turkey egg and cheese fresh waffles syrup Fruit or Fruit Juice Choice of Milk	<b>Made Fresh</b> ham egg and cheese Cheese on an English Muffin Fruit or Fruit Juice Choice of Milk	<b>Hearty</b> Eggs and hasbrown French toast and syrup Fruit or Fruit Juice Choice of Milk	<b>Healthy</b> Egg, Cheese & Bacon on English Muffin Fruit or Fruit Juice Choice of Milk

## Breakfast Facts!

*DID YOU KNOW?*

**Students who skip breakfast tend to have poorer nutrition intakes than those who eat breakfast**

**Students who participate in school breakfast are more likely to consume fruit and milk at breakfast**

**Participation in the school breakfast program showed improved attendance, behavior and academic performance !**

**Eating breakfast is associated with improved math grades!**



**Breakfast is available EVERYDAY for EVERYONE ? All students/adults can participate in the breakfast program. And it only costs \$1.25 per meal!!**



**Breakfast is available from 8;15-8:30 daily. Come on in!**

**Fresh Bagels and cereals available daily**

Hot Chocolate available Daily for \$0.75

NutriGrain Bars \$1.00




(914) 337-5376 ext 1232



# Hot Breakfast Week Special

Hot breakfast will be available every day during the week of December 5th. Cold breakfast is available everyday

	6-Feb Monday	7-Feb Tuesday	8-Feb Wednesday	9-Feb Thursday	10-Feb Friday
	<b>Healthy</b>	<b>Mmm Good</b>	<b>Made Fresh</b>	<b>Hearty</b>	<b>Healthy</b>
	Bacon, egg and cheese pancakes	Turkey egg and cheese fresh waffles syrup	ham egg and cheese Cheese on an English Muffin	Eggs and hasbrown French toast and syrup	Egg, Cheese & Bacon on English Muffin
	Fruit or Fruit Juice	Fruit or Fruit Juice	Fruit or Fruit Juice	Fruit or Fruit Juice	Fruit or Fruit Juice
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk

## Breakfast Facts!

*DID YOU KNOW?*

**Students who skip breakfast tend to have poorer nutrition intakes than those who eat breakfast**

**Students who participate in school breakfast are more likely to consume fruit and milk at breakfast**

**Participation in the school breakfast program showed improved attendance, behavior and academic performance !**

**Eating breakfast is associated with improved math grades!**



**Breakfast is available EVERYDAY for EVERYONE ? All students/adults can participate in the breakfast program. And it only costs \$1.25 per meal!!**



**Breakfast is available from 8:15-8:30 daily. Come on in!**

**Fresh Bagels and cereals available daily**

Hot Chocolate available Daily for \$0.75

Nutrigrain Bars \$1.00



(914) 337-5376 ext 1232

