





FEBRUARY 2012

Cottles elementary school

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>More Info...</p> <p>Did you know?</p> <p>Breakfast is available every morning</p>  <ul style="list-style-type: none"> School Lunch Price Student \$2.50 Reduced \$0.25 Adult \$3.25 plus tax <p>Lunch Consists of:</p> <p>Choice of Entrée, Bread, Vegetables, Fruit and Milk.</p> <p>Students must choose 3 items or will pay ala carte price</p> <p><u>Hot Entrees alternatives</u></p> <p>Monday: Grilled Cheese with soup</p> <p>Tuesday Hamburgers and cheeseburgers</p> <p>Wednesday Pasta with Tomato Sauce</p> <p>Thursday Bagel with yogurt and cheese</p> <p>Hot Pretzel \$.50</p> <p>Cookie 3/\$1.00</p> <p>BLT \$3.50</p> <p>Water \$1.00</p>
		<p>1</p> <p>Chicken patties parmesan with whole wheat rotini and fresh peas</p> <p>Fresh or cup of fruit</p>	<p>2</p> <p>Chicken Lo- mein with Chinese vegetables and general tso sauce</p> <p>Fresh or cup of fruit</p>	<p>3</p> <p>Tony's pizza with assorted toppings and garden salad.</p> <p>Fresh or cup of fruit</p>	
<p>6 Baked tenderloin of chicken with potato stars and mix vegetable</p> <p>Fresh or cup of fruit</p>	<p>7</p> <p>Meatball Sub on a whole wheat roll</p> <p>And Fresh Corn</p> <p>Fresh or cup of fruit</p>	<p>8</p> <p>Popcorn chicken with baked potato stars and fresh corn</p> <p>Fresh or cup of fruit</p>	<p>9</p> <p><i>Penne pasta, tomato sauce or pink sauce and garlic bread.</i></p> <p><i>Broccoli</i></p> <p><i>Fresh or cup of fruit</i></p>	<p>10</p> <p>Assorted pizza with pepperoni, sausage and strip of beef served with a tossed salad or baby carrots</p>	
<p>13</p> <p>Elbow multigrain macaroni and cheese served with string beans and garlic bread</p>	<p>14</p> <p>Pizza dipper with tomato sauce and roasted mix vegetable</p> <p>Fresh or cup of fruit</p>	<p>15</p> <p>Beef Ravioli with white Sauce or Tomato Sauce</p> <p>Garlic bread</p> <p>Fresh or Cup of fruit</p>	<p>16</p> <p>Chicken and broccoli with garlic sauce and fried rice</p> <p>Fresh or cup of fruit</p>	<p>17</p> <p>Tony's pizza with assorted toppings and garden salad.</p> <p>Fresh or cup of fruit</p>	
<p>20</p> <p>Winter recess</p> <p>School close</p>	<p>21</p> <p>Winter recess</p> <p>School close</p>	<p>22</p> <p>Winter recess</p> <p>School close</p>	<p>23</p> <p>Winter recess</p> <p>School close</p>	<p>24</p> <p>Winter recess</p> <p>School close</p>	
<p>27</p> <p>Soft and Hard Tacos with beef, cheese sauce and Salsa</p> <p>Fresh or cup of fruit</p>	<p>28</p> <p>Steak and cheese on a whole wheat bun with roasted corn and</p> <p>Fresh or cup of fruit</p>	<p>29</p>		<p>We also offer ham and cheese, tuna, chicken sandwich on a daily basis...</p>	

Cottle elementary school

We will have chicken nuggets every day.


Fresh or cupped fruit available daily. Milk is Hormone and Antibiotic Free. Breakfast is available daily at all schools!

Menus are subject to change without notice.



Hot Breakfast Week Special

Hot breakfast will be available every day during the week of December 5th. Cold breakfast is available everyday

	30 feb Monday	31feb Tuesday	1-Feb Wednesday	2-Feb Thursday	3-Feb Friday
	Healthy Bacon, egg and cheese pancakes Fruit or Fruit Juice Choice of Milk	Mmm Good Turkey egg and cheese fresh waffles syrup Fruit or Fruit Juice Choice of Milk	Made Fresh ham egg and cheese Cheese on an English Muffin Fruit or Fruit Juice Choice of Milk	Hearty Eggs and hasbrown French toast and syrup Fruit or Fruit Juice Choice of Milk	Healthy Egg, Cheese & Bacon on English Muffin Fruit or Fruit Juice Choice of Milk

Breakfast Facts!

DID YOU KNOW?

Students who skip breakfast tend to have poorer nutrition intakes than those who eat breakfast

Students who participate in school breakfast are more likely to consume fruit and milk at breakfast

Participation in the school breakfast program showed improved attendance, behavior and academic performance !

Eating breakfast is associated with improved math grades!



Breakfast is available EVERYDAY for EVERYONE ? All students/adults can participate in the breakfast program. And it only costs \$1.25 per meal!!



Breakfast is available from 8;15-8:30 daily. Come on in!

Fresh Bagels and cereals available daily

Hot Chocolate available Daily for \$0.75

NutriGrain Bars \$1.00




(914) 337-5376 ext 1232



Hot Breakfast Week Special

Hot breakfast will be available every day during the week of December 5th. Cold breakfast is available everyday

	6-Feb Monday	7-Feb Tuesday	8-Feb Wednesday	9-Feb Thursday	10-Feb Friday
	Healthy Bacon, egg and cheese pancakes Fruit or Fruit Juice Choice of Milk	Mmm Good Turkey egg and cheese fresh waffles syrup Fruit or Fruit Juice Choice of Milk	Made Fresh ham egg and cheese Cheese on an English Muffin Fruit or Fruit Juice Choice of Milk	Hearty Eggs and hasbrown French toast and syrup Fruit or Fruit Juice Choice of Milk	Healthy Egg, Cheese & Bacon on English Muffin Fruit or Fruit Juice Choice of Milk

Breakfast Facts!

DID YOU KNOW?

Students who skip breakfast tend to have poorer nutrition intakes than those who eat breakfast

Students who participate in school breakfast are more likely to consume fruit and milk at breakfast

Participation in the school breakfast program showed improved attendance, behavior and academic performance !

Eating breakfast is associated with improved math grades!



Breakfast is available EVERYDAY for EVERYONE ? All students/adults can participate in the breakfast program. And it only costs \$1.25 per meal!!



Breakfast is available from 8;15-8:30 daily. Come on in!

Fresh Bagels and cereals available daily

Hot Chocolate available Daily for \$0.75

Nutrigrain Bars \$1.00



(914) 337-5376 ext 1232

