

# POCANTICO HILLS CENTRAL SCHOOL

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## STREP THROAT

Please read the following information:

**Strep throat and scarlet fever** (strep throat with a rash) are caused by the bacterium *Streptococcus*.

**Spread:** By contact with secretions from the mouth and nose of infected persons.

### Signs and Symptoms:

1. Sore throat, fever, swollen glands.
2. Vomiting and stomach pain may occur.
3. Sometimes there is a fine red rash that appears on the abdomen.  
This is a sign of scarlet fever.

**Treatment:** If you suspect strep throat, keep your child home. Do not send him/her to school. **We cannot keep a child with an infectious disease in school.** Contact your physician, who will perform a throat culture. Children exposed to strep throat usually do not require a throat culture unless they develop symptoms. If your child is diagnosed with strep throat, he/she may be given an antibiotic to be taken by mouth. To prevent more serious disease (such as rheumatic fever) your child must take this medication for a full ten days, even if the symptoms are gone and your child is feeling well.

If your child is diagnosed with strep throat, please contact the school nurse.