

Hastings Athletic Permission/Medical Forms Packet

**Return to Health Office within 30 days
of your sports start date.**

Dear Parent or Guardian,

For the protection of your child these NYS requirements must be met before he/she can either practice or participate in interscholastic sports each season:

- The **health office** must have a **recent physical examination** (must be within 1 year of the start of practice for that season).
- The completion of the **Emergency Information** and the **Medical History Questionnaire** can not be handed in more than 30 days prior to the start of the sports season. In addition, both forms must be signed. The Health Office must be notified (478-6225) if there are any changes in your child's health status during the sports season.
- The Hastings-on-Hudson Union Free School District also requires a **completed Athletic Contract** to be **signed by the parent, student and coach** before a student athlete may participate in his/her first contest.
- Should you be unaware of the date of your child's last physical, please feel free to call the health office at 478-6224 or 6225
- Upon completion the School Physician will review forms and render a final "clearance" for student athletes for practice.

Fall

Sports Screening in Health Office Date (2:45 pm) -----	June 12 th
All Fall Sports <u>Athletic Packets</u> Due Date -----	August 10 th
Varsity FOOTBALL Begin -----	August 21 st
All other Sports Begin -----	August 24 th
Modified Sports Begin -----	September 8 th

Winter

All Winter Sports <u>Athletic Packets</u> Due Date -----	October 28 th
Sports Screening in Health Office Date (2:45 pm) -----	November 5 th
All Varsity, JV, & Pure 9 th Sports Begin -----	November 9 th
Modified Sports Begin -----	November 23 rd

Spring

All Spring Sports <u>Athletic Packets</u> Due Date -----	February 24 th
Sports Screening in Health Office (2:45pm) -----	March 4 th
All Varsity, JV, & Pure 9 th Sports Begin -----	March 8 th
Modified Sports Begin -----	March 22 nd