



LEND A HAND



VOLUNTEER TO DELIVER MEALS TO HOMEBOUND SENIOR CITIZENS

- VOLUNTEERS ARE NEEDED TO DELIVER MEALS TO HOMEBOUND ELDERLY IN **EASTCHESTER, TUCKAHOE AND BRONXVILLE.**
- TIME COMMITMENT IS ONCE A WEEK FOR 1 -2 HOURS OR “FILL IN” AS A SUBSTITUTE WHEN REGULAR VOLUNTEERS ARE UNAVAILABLE.
- PLEASE CALL FOR MORE INFORMATION ABOUT HOW YOU CAN MAKE A MEANINGFUL CONTRIBUTION TO YOUR COMMUNITY.

Contact Norah Rossi: 337-0390

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HOME DELIVERED MEALS IS A PROGRAM OF
EASTCHESTER SENIOR PROGRAMS AND
SERVICES